

Holy Trinity St Mary's

Getting creative during lockdown



Lockdown during the Covid pandemic has been a difficult and new experience for all of us. One way to cope with difficult and new experiences is to be creative. You might do a drawing, sew something, take a picture or play a musical instrument. Or you might write your thoughts as a poem or a song. There are lots of ways to be creative and we'd love to see and hear about your creations!

To help inspire you, we asked fellow parishioners Joh Amos and Ruth Alcock to share one of their creations and tell us how they did it. Ruth has very kindly [created this guide](#) to get you stitching and made up some sewing starter kits. If you'd like one of these free kits [let us know](#).



'Smile' by Joh Amos

"I'm inspired by nature and created these letters from things I have

found in the natural world. I drew each object using pencils or watercolour paint and made them into the happy word 'Smile'. The letter 'S' is a catkin, 'm' is a lily seed pod, 'i' is a poppy seed head, 'l' is a razor clam shell, and 'e' is a garden snail shell. I really enjoy looking for new letter shapes in different objects and drawing tiny things that often get overlooked. " - Joh



'Aaron and the Dolphins' by Ruth Alcock

"I started stitching when I was 4 years old and haven't stopped since. I experiment with all types of threads and materials to create pictures, cards, handbags, books, and all sorts. Your needle and thread, with just a stitch, can make curved shapes and crisscross over other stitches, sometimes big, sometimes smaller." - Ruth

Do you have a drawing or a poem or some other creation you'd like to share with the rest of us? If so, ask your mum, dad or guardian to [email a photo](#), your name and a few words that tells us what inspired you to create it. We'll try and include as many of these as possible in future Young Holy Trinity newsletters. Thanks!



Café Club – Thursdays @ 5pm on Zoom

Children's Chat room – Sundays @ 10.30am on Zoom

Holy Trinity St Mary's Junior Church videos



Tom Pote
Curate

Dear parents and guardians,

I recently came across this saying which I believe comes from the cartoon *Kung Fu Panda*:

'Yesterday is history, tomorrow is a mystery, today is a gift, that's while we call it the present.'

I like this saying because it challenges me to be thankful for all that I have while helping me to forget all the things that could have been different. No amount of hoping will bring back those things that we haven't been able to do over the last four months.

It's only natural for us to look to the future and ask 'what will be?', but given that the future is a mystery, I'm content to enjoy today and live it for the gift that it is. Easier said than done, especially amid juggling home schooling, childcare, work and everything else that families are doing at the moment.

But God teaches us to trust in the plans he has for us and not to worry about tomorrow's troubles. This leaves us free to live in the present moment and rejoice in the blessings we have been given without asking too many questions about the future.

As term ends in the coming weeks and a new chapter of summer holidays begins, let's pray that God will help us to live and enjoy 'the present'.

Every blessing,
Tom

Prayer to say at home

Generous and loving God, help us to live each day as a gift
and not to think of the things that we haven't done
or that we don't have.

As we give you thanks for all that you have given us,
teach us to trust in your plans for our future
and fill us with hope for a better, fairer world.
We ask this through Jesus Christ our Lord.

Amen

For more information about children and young people at Holy Trinity St Mary's email:
youth@holytrinityguildford.org.uk or ring the Parish office: Tel 01483 567716